

Montvale Athletic League Fall 2009 Soccer-Football-Cheerleading Registration

When: Friday, March 27, 9:00 AM

Where: M.A.L. Website www.montvaleathleticleague.com

Cost: See below. Please make checks payable to M.A.L., or you can register after Mar. 27th on-line @ www.montvaleathleticleague.com

Soccer

Kindergarten: \$55.00 per child

1st & 2nd Grade \$85.00 per child through 5/15, \$115 after 5/15

3rd - 8th Grade \$90.00 per child through 5/15, \$120 after 5/15

(\$235.00 Family Max)

Wallet size photos **REQUIRED** for grades 5-8 (Coaches, Asst. Coaches, and Players).

Parents of 5th - 8th graders, if you have your Orange/Black Jersey and it still fits, just put the number on the application and deduct \$10 from the registration fee.

Kindergarten Program is strictly intended to familiarize the children with the basic skills. Parents are encouraged to participate. You **MUST** be RUTGERS CERTIFIED in order to participate.

Roy Moose, roymoose13@optonline.net

Football

3rd - 8th Grade \$125.00 Montvale Residents through 5/15, \$130 after 5/15

\$150.00 Woodcliff Lake Residents through 5/15, \$155 after 5/15

2 Wallet size photos and copy of Birth Certificate REQUIRED

Flag Football \$90.00 Montvale/Woodcliff Lake Residents

1st and 2nd Grade

James Esposito, Mustangfootball2008@yahoo.com

Cheerleading

1st / 2nd Grade \$50 through 5/15, \$75 after 5/15

3rd - 8th Grade \$75.00 Montvale Residents through 5/15, \$100 after 5/15

\$85.00 Woodcliff Lake Residents through 5/15, \$110 after 5/15

(\$200.00 Family Max)

Mary Koroghlian (201) 391-0538, taylorGarrett@optonline.net

Registration deadline for all Fall Sports is MAY 15th. All late registrations will be placed on a waiting list. Kinder Soccer and Flag Football are open until September.

Noga Soccer Camp is back

M.A.L. is hosting a soccer camp at Fieldstone School Complex August 3rd-August 7th from 5:00-8:00 PM. Boys and girls (ages 5-15) of all ability levels are encouraged to attend. We are also offering a 1 ½ hour micro camp for K-2nd from 5:00-6:30 PM and 6:30-8:00 PM. The cost for 3-hour camp is \$115.00; the micro camp is \$70.00. There is a free coaching clinic on Saturday, August 8th, from 9 AM till Noon. You must be Rutgers certified to attend. Family discounts are available. Host a coach and receive a free week of camp. Applications will be available on the MAL website or you can contact Roy Moose. We strongly encourage that you attend this camp. If you have questions you can email roymoose13@optonline.net or call me at 201-476-9223.